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| Anesthesia dr. Batens - dr. Beckers - dr. De Medts dr. De Sommer - dr. Drijvers - dr. Lemmens  |                        |             |            |            |                                |
|--|------------------------|-------------|------------|------------|--------------------------------|
| dr. Liesmons - dr. Malcorps - dr. Mariën<br>dr. Mattheussen - dr. Moens - dr. Nobels<br>dr. Notelé - dr. Pauwels - dr. Stevens - dr. Stessel |                        |             |            |            |                                |
| dr. Vanderstappen - dr. Verplaetse - dr. Wets  | Surgeon:               |             |            |            | Date :                         |
| F  | Proposed Surgery :     |             |            |            |                                |
|  | On which side of your  | body:       | ☐ Left     | Ri         | ight                           |
| Anesthetic Questionnaire   |                        |             |            |            |                                |
| Please bring this form when admitted.  |                        |             |            |            |                                |
| In order to guarantee a smooth, safe and person<br>We will handle this information most confidentia  |                        | fill out th | is questic | nnaire     | e as accurately as possible.   |
| Date of birth:   | •                      | ion:        |            |            |                                |
| Height:Weight:   | 3                      |             |            |            |                                |
| Profession:  |                        | ·           |            |            |                                |
| Address + home phone or cellphone:   | •                      |             |            |            |                                |
| Address : Home priorie of Celiphone.   |                        | ·           |            |            |                                |
| Check the correct answers in the boxes below. few words.   | Check the question     | mark wh     | en you do  | on't kı    | now the answer or explain in a |
| Have you had surgery before? Which procedures  | 5?                     | ☐ no        | ☐ yes      | <b>?</b>   |                                |
| Did you experience any problems with anaesthet vomiting  | tics in the past. e.g. | □no         |            |            |                                |
| Has anyone related to you had a major complicat to receiving anesthesia?   | ion that was related   | no          | ☐ yes      | <b>!</b> ? |                                |
| Have you ever received a blood transfusion?  |                        | □no         | ☐ yes      | □?         |                                |
| Are we allowed to give you a blood transfusion if  | needed?                | ☐ no        | ☐ yes      | □?         | if not, why:                   |
| Do you have false, pivot or loose teeth?   |                        | ☐ no        | ☐ yes      | <b>?</b>   |                                |
| Do you use cannabis, cocaine, marihuana, amphe   | etamines?              | ☐ no        | ☐ yes      |            |                                |
| Are you currently pregnant?  |                        | □no         | ☐ yes      | □?         |                                |
| Do you sometimes perform heavy labour?   |                        | □no         | ☐ yes      | <b>!</b> ? |                                |
| When doing physical exercise, do you easily feel sho   | ort of breath?         | ☐ no        | ☐ yes      | □?         |                                |
| Do you have asthma?  |                        | ☐ no        | ☐ yes      | □?         |                                |
| Are you short of breath at night or when lying do  | wn?                    | □no         | ☐ yes      | <b>?</b>   |                                |
| Do you sometimes suffer from swollen feet or le  | gs?                    | ☐ no        | ☐ yes      | □?         |                                |
| Do you sometimes feel heaviness in the chest?  |                        | ☐ no        | ☐ yes      | □?         |                                |
| Did you ever have a heart attack, do you have a h<br>heart disease?  | eart murmur or         | no          | ☐ yes      |            |                                |
| Have you ever had low blood pressure?  |                        | ☐ no        | ☐ yes      | □?         |                                |
| Have you ever had phlebitis?   |                        | □no         | ☐ yes      | □?         |                                |
| Do you drink alcohol (wine, beer) regularly?   |                        | ☐ no        | ☐ yes      | □?         |                                |

| Do you take sedatives or sleeping tablets?  | □no                  | ☐ yes     | <b>?</b>   |                           |
|---|----------------------|-----------|------------|---------------------------|
| Are you on a diet?  | □no                  | ☐ yes     | <b>?</b>   |                           |
| Do you smoke? Did you ever smoke? How much?   | □no                  | ☐ yes     | <b>?</b>   |                           |
| Have you recently had a cold or the flu?  | □no                  | ☐ yes     | <b>?</b>   |                           |
| Do you cough? Do you have a wheezing breath?  | □no                  | ☐ yes     | <b>?</b>   |                           |
| Do you cough up?  | □no                  | ☐ yes     | <b>?</b>   |                           |
| Have you ever been admitted to hospital for bronchitis, pne or other lung related illnesses?  | eumonia 🔲 no         | ☐ yes     | <b>?</b>   |                           |
| Have you ever had hepatitis?  | ☐ no                 | ☐ yes     | <b>?</b>   |                           |
| Are you being treated for diabetes?   | ☐ no                 | ☐ yes     | <b>?</b>   |                           |
| Are you allergic to:  | ☐ no                 | ☐ yes     | <b>?</b>   |                           |
| Certain foods (ex. Kiwi, banana,)   | □no                  | ☐ yes     | <b>?</b>   |                           |
| Medication, antibiotics   | □no                  | ☐ yes     | <b>?</b>   |                           |
| Mites, pollen   | ☐ no                 | ☐ yes     | <b>?</b>   |                           |
| Latex, rubber products  | ☐ no                 | ☐ yes     | <b>?</b>   |                           |
| Elastoplast, disinfectants  | ☐ no                 | ☐ yes     | <b>?</b>   |                           |
| Do your kidneys function less efficiently then normal? Do you have urinary problems?  | no                   | ☐ yes     | <b>?</b>   |                           |
| Have you ever had an ulcer?   | □no                  | ☐ yes     | <b>?</b>   |                           |
| Do wounds bleed long?   | □no                  | ☐ yes     | <b>?</b>   |                           |
| Have you ever had seizures with loss of conscience, with or without epilepsy, muscle twitches?  | no                   | ☐ yes     | <b>?</b>   |                           |
| Do you have a numb or paralysed arm or leg?   | no                   | ☐ yes     | <b>?</b>   |                           |
| Do you suffer from any eye-illnesses?   | ☐ no                 | ☐ yes     | <b>?</b>   |                           |
| Do you suffer from loss of hearing?   | □no                  | ☐ yes     | <b>?</b>   |                           |
| Are you being treated for a nervous disease?  | □no                  | ☐ yes     | <b>?</b>   |                           |
| Is there anything else you would like to mention?   | □ no                 | ☐ yes     | <b>!</b> ? |                           |
| Do you take medication on a regular basis?<br>If so, please fill out the medication list attached.  | □no                  | yes       | <b>-</b> ? |                           |
| Do you frequently experience pain?  If yes, please fill out the attached pain questionnaire.  | no                   | yes       | <b>?</b>   |                           |
| I, give my cons of anaesthesia during my procedure. I declare having been i locoregional/ epidural analgesia that will be administered. I discussed in the information brochures.  Date: Sign For minors: parent or guardian. | informed sufficientl | y about t | he ge      | neral anaesthesia and/ or |
| ,   |                      |           |            |                           |

## Important remarks:

- Be sober in case of procedure under anaesthetic: do not eat or drink 6h before the procedure is planned.
- Do not smoke 24h before the procedure is planned.
- Take off false teeth, piercings (especially in mouth and nose wings), glasses, hearing aid, earrings, hairpins,... 1h before the procedure is planned.



## My medication schedule

| , nurse)  |
|---|
| oharmacist,   |
| c help from a caregiver (general practitioner, pharmacist |
| (general <sub>l</sub>                                     |
| caregiver (   |
| froma   |
| <b>Ask help</b>   |

Name:

Filled out on:: ..

| Uldon't take any medication.    | on.                    |                                |          |                             |              |             |   | If possible, bring your r  | If possible, bring your medicines into hospital |
|---------------------------------|------------------------|--------------------------------|----------|-----------------------------|--------------|-------------|---|--|---|
|                                 |                        | Dose                           |          |                             | Number       |             |   | Write down here -Daily, weekly, monthly, if necessary  | ere<br>arv                                      |
| NAME OF THE MEDICINE            |                        | (e.g. number of<br>milligrams) | Sober    | Breakfast                   | Noon         | Evening     | Bedtime                                     | -Possibly stopping date<br>-Remarks  |   |
|                                 |                        |                                |          |                             |              |             |   |  |   |
|                                 |                        |                                |          |                             |              |             |   |  |   |
|                                 |                        |                                |          |                             |              |             |   |  |   |
|                                 |                        |                                |          |                             |              |             |   |  |   |
|                                 |                        |                                |          |                             |              |             |   |  |   |
|                                 |                        |                                |          |                             |              |             |   |  |   |
|                                 |                        |                                |          |                             |              |             |   |  |   |
|                                 |                        |                                |          |                             |              |             |   |  |   |
|                                 |                        |                                |          |                             |              |             |   |  |   |
|                                 |                        |                                |          |                             |              |             |   |  |   |
|                                 |                        |                                |          |                             |              |             |   |  |   |
|                                 |                        |                                |          |                             |              |             |   |  |   |
|                                 |                        |                                |          |                             |              |             |   |  |   |
|                                 |                        |                                |          |                             |              |             |   |  |   |
| Che                             | ck whether your medica | ation schedule i               | s comple | te using the                | list below:  | : haven't y | ou forgott                                  | Check whether your medication schedule is complete using the list below: haven't you forgotten about any of the following? |   |
| ☐ Blood thinners                | ☐ Eye/ear/nose drops   | Sleeping pills                 | 10       | ☐ Hormonal preparations     | ıl preparati |             | Recent us<br>ess than 3 r                   | ☐ Recent use of antibiotics (less than 3 months ago)   | ☐ Inhalers                                      |
| Something against stomach aches | ☐ Pain killers         | ☐ Transdermal patches          | patches  | ☐ Non-prescribed medication | scribed      | غ ل         | ☐ Ginkgo biloba ,St.<br>herbal preparations | Ginkgo biloba, St. John's wort or other<br>herbal preparations   | ☐ Syringes                                      |

Continuation – if necessary

| Write down here<br>-Daily, weekly, monthly, if necessary | -Possibly stopping date<br>-Remarks |  |  |  |  |  |  |
|--|-------------------------------------|--|--|--|--|--|--|
|  | Evening Bedtime                     |  |  |  |  |  |  |
|  | Evening                             |  |  |  |  |  |  |
| Number   | Noon                                |  |  |  |  |  |  |
|  | Breakfast                           |  |  |  |  |  |  |
|  | Sober                               |  |  |  |  |  |  |
| Dose   | (e.g. number of<br>milligrams)      |  |  |  |  |  |  |
|  | NAME OF THE MEDICINE                |  |  |  |  |  |  |

## Pain questionnaire

|   |   | )es | yes<br>S |
|---|---|-----|----------|
| 1 | 1 Do you already experience pain in the operating area?   | 0   |          |
| 7 | 2 Do you already experience other pains (e.g. chonic headache, backpain,)?  | 0   |          |
| 8 | 3 Have you been verry stressed out or overloaded in the past six months?  |     |          |
| 4 | <ul> <li>Do you suffer from at least two or more of the following symptoms?</li> <li>Insomnia, fatigue, anxious thoughts, vertigo, a feeling of being misunderstood, a need for sleeping pills or tranquilizers.</li> </ul> |     |          |